Apoptosis and Disease Game

Objective
You will questions about your lifestyle choices and learn how they negatively and positively impact your future health.

Directions
You will need a 5 x 5 piece of bubble wrap and a marker.

1. Read each question and determine how many cells you will lose.
2. Color the corresponding number of bubbles on the sheet.
3. Count up the total number of colored bubbles, negative lifestyle choices.
4. Indicate your total below.

Total number of colored bubbles: _________________

A higher the number of negative lifestyle choices = A higher percentage of having poor health in the future!

Make good choices now!

Now POP the cells to experience cell death!